



FILL PLATES NOT LANDFILLS



MONITOR HOW MUCH FOOD YOU ARE WASTING OVER A WEEK

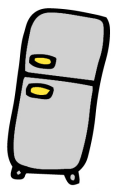
PORTIONS

LEARN HOW TO PORTION CORRECTLY TO CONSCIOUSLY ELIMINATE WASTE

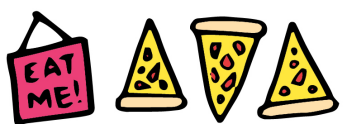


FRIDGE

COMMIT TO ONE NIGHT A WEEK TO EAT UP WHAT'S IN THE FRIDGE



CALL IT PIZZA NIGHT AND USE ANY LEFTOVERS ON PIZZA



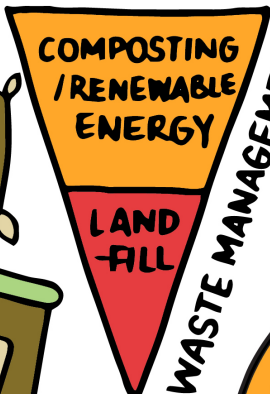
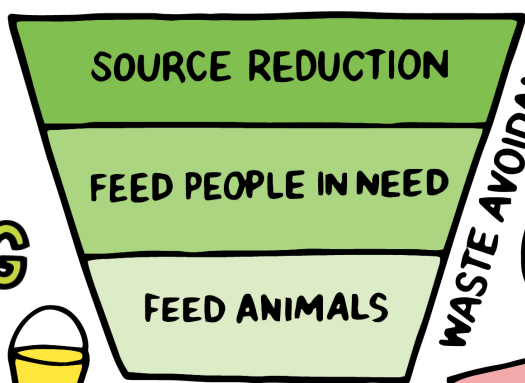
COMPOSTING

START COMPOSTING! COMPOST IS NATURE'S WAY OF RECYCLING. THIS PROCESS RECYCLES VARIOUS ORGANIC MATERIALS. COMPOST IS AN ESSENTIAL INGREDIENT FOR CREATING RICH, FRIABLE SOIL AND THEREFORE HEALTHY PLANTS.



SOCIAL CHANGE COLLECTIVE
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BECOME A FOOD WASTE CHAMPION AT HOME



PLAN

TAKE TIME TO PLAN YOUR MEALS! SAVE TIME, \$ AND FOOD



LEFTOVERS

BE CREATIVE WITH LEFTOVERS! TAKE FOR LUNCH OR RECREATE



USE BY:
FOOD SAFETY: DO NOT EAT AFTER THIS DATE IN NZ YOU WILL MAINLY FIND USE BY DATES ON MEAT AND SEAFOOD.

BEST BEFORE:
QUALITY: YOU CAN EAT FOOD AFTER THIS DATE BUT IT MAY NOT BE THE BEST.

KNOW YOUR DATES